



***November is Diabetes Awareness Month*** and the Canadian Diabetes Association is urging Canadians to take diabetes seriously. The disease is having a serious impact on people who have it, people close to them, and on our healthcare system, and the Association recognizes the need to get Canada's younger generations involved.

Current projections indicate that 3 million Canadians will be affected by diabetes by 2010. Young people have always been affected by type 1 and now more and more children and youth are being diagnosed with type 2. Changes to the diabetes landscape in Canada are being affected by various factors: obesity rates and rising and growing numbers of new Canadians are arriving from high-risk ethnic groups such as people of Hispanic, Asian, South Asian or African descent.

The Canadian Diabetes Association works to prevent diabetes and improve the quality of life for those affected by diabetes, through research, education, service and advocacy. With a presence in more than 150 communities, the Canadian Diabetes Association's strong network of assistance includes volunteers, employees, healthcare professionals and partners.

## ***Mark your calendar!***

### **Diabetes Info Night-Diabetes Medications**

When: Thursday November 27<sup>th</sup> from 7:00 - 8:00 p.m.

Location: Kemptville District Hospital Classroom

Speaker: Nghia Truong, Pharmacist – Proxim CarePharma

**Please call the Diabetes Clinic at (613) 258-6133 ext.212 or 216 to reserve your spot or for more information.**

Join us for an evening of education on diabetes, blood pressure, and cholesterol medications as well as information on Financial Assistance Programs available to you in Ontario (Ontario Drug Benefit Plan, Trillium Drug Program, Syringes for Seniors Program, etc.)

A question and answer period will follow.